

TP-FLEX - Tournament FLEX Instructions



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Congratulations On Your New Volleyball Set Purchase

Important Notice And Care For All Telescopic Poles.

It is extremely important that poles are clean or cleaned before and after each use. This will prolong the life and cosmetics of your equipment and eliminate any potential jamming caused from sand or dirt entering into the telescopic poles.



TP-FLEX - Tournament FLEX Includes

1-1/2" 2-Piece aluminum telescopic poles

Flex-Net adjustable torsion bar system with flex fittings and C-clips, allows for infinite net height adjustments

3'x32' Momentum™ with slip-on straps

Adjustable guylines with tension rings

8" Steel stakes

3/16" Pre-measured boundary with corner anchors and cord winder

18 Panel Soft-Touch volleyball with hand pump

Equipment bag with full zipper & carrying straps

Net and Poles

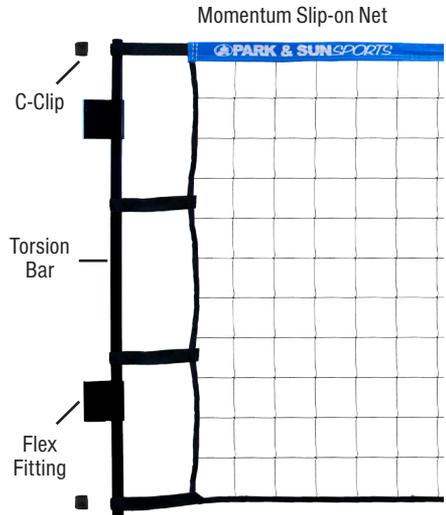
Remove the net torsion bar from the upper portion of both poles by sliding the assembly down and off each pole.

Remove the C-clips off the top and bottom and set aside.

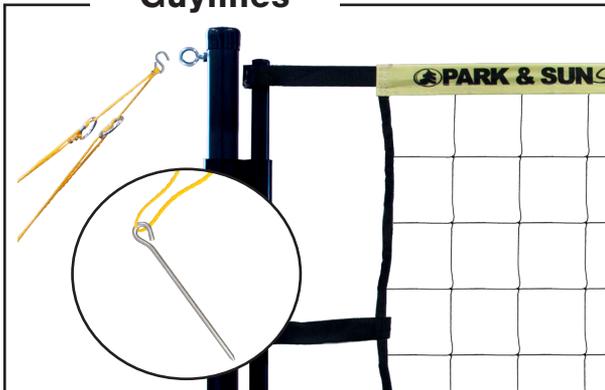
Slide the Momentum slip-on net onto the adjustable net torsion bar as shown.

Work the center prong of the C-Clips through the material in the top and bottom net straps and snap back into place on the net torsion bars.

Slide the net torsion bars back onto each pole.



Guylines

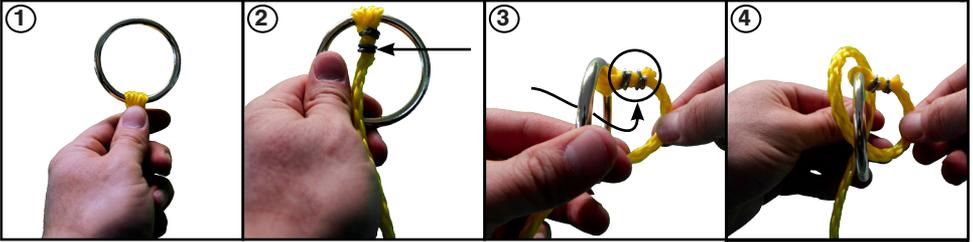


Attach the S-hook to the top of the outside pole, to the large eyebolt.

Holding the pole upright, extend the guylines out to 45 degrees both directions (approximately 8-10 feet apart) and anchor with ground stakes.

(Refer to net tensioning diagrams)

Tension Rings

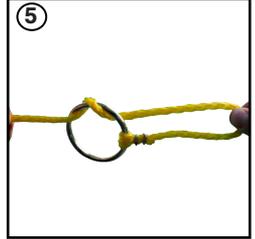


Hold the metal ring with your left hand.

With your right hand, push the attached rope end through the center steel ring twice.

Grasp the second rope loop that you just formed and pull it until the loop is about 12" from the tension ring.

Watch the video on the guylines set-up at www.parksun.com

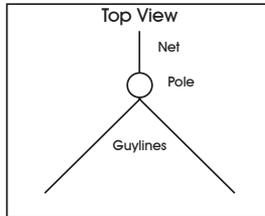
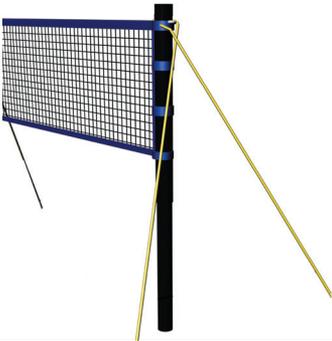


Net Tensioning

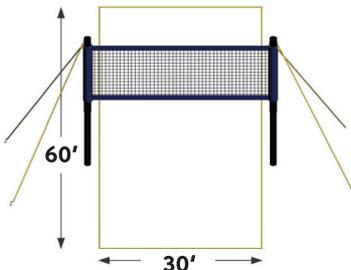
Lean the base of the pole towards the inside center of the court approximately 18".

Pull up on the guylines tension rings.

Stand the pole upright. This procedure provides maximum net tension.



Boundary Setup



Unwind the boundary cord onto the playing area. The boundary is pre-measured with center pole markers and four corner anchors. The standard and current volleyball court dimensions are 30' x 60'.

Tips

POLE MAINTENANCE - After each use, separate pole sections and remove all dirt, sand and debris to prevent the poles from jamming during future uses.

It is extremely important that poles are clean or cleaned before and after each use. This will prolong the life and cosmetics of your equipment and eliminate any potential jamming caused from sand or dirt entering into the telescopic poles.

Adult assembly and supervision recommended.

Basic Volleyball Rules

Scoring:

Games are usually played to 11 or 15 points and should be determined before play begins. Court switches or exchanging courts occur at specified times during the game. In a 15-point game, courts are exchanged each time the total number of scored points is a multiple of 5. In an 11-point game, teams exchange playing courts each time the total number of scored points is a multiple of 4.

Rally Point Scoring: In rally point scoring, either the serving or receiving side scores a point whenever a team fails to serve properly, return the ball, or commits any other fault.

Ball Play:

- **Ball in:** The ball is "in" when, after being put in play, its first contact with the ground is on the playing court or a boundary line.
- **Ball out:** The ball is out when after being put in play, its first contact with the ground is completely outside the playing court.
 - It touches an object outside the court, an overhead object or a person out of play.
 - It touches the antennas, ropes, posts or the net outside the antenna.

Team Contacts:

- Each team is entitled to a maximum of three contacts to return the ball to the opponents.
- A player may not contact the ball consecutively, except during or after a block or at a team's first contact.

Contact Characteristics:

- A player may touch the ball with any part of the body.
- The ball must be contacted cleanly and not held, lifted, pushed, caught, carried or thrown.
- The ball cannot roll or come to rest on any part of a player's body.
- An exception is allowed during the defensive play of a hard driven ball. At this time, the ball may be momentarily lifted or pushed.

Attack Hit:

- All actions directing the ball toward the opponent's playing area, except the acts of serving and blocking, are attack hits.
- You cannot contact the ball within the playing space of the opponents.

Block:

- Blocking is an action that deflects the ball coming from the opponent by a player and/or players at the net.
- For doubles and triples, blocking does constitute as a contact and any player may make contact of the ball after the block.
- For four-person and six-person play, blocking does not constitute a team contact. Any player may make the first contact of the ball after the block.

Simultaneous Contact:

- When two blocking teammates touch the ball simultaneously, it is considered one contact and any player may make next contact.

Faults:

- **Assisted Hit:** A player takes support from a teammate or any object in order to reach the ball.
- **Double Contact:** A player contacts the ball twice in succession or the ball contacts various parts of the player's body successively.
- **Held Ball:** A player does not cleanly contact the ball.
- **Player/Net:** It is a fault for the player or their clothing to touch any part of the net.
- **Reaching beyond the net while blocking.** A player may touch the ball beyond the net provided the player does not interfere with the opponent's play before or during the attack-hit.
- **Player may cross the center line,** either before, during or after legal play of the ball, provided this does not interfere with the opponent's play.
- **While opposing players are not required to avoid the ball or the player,** they cannot intentionally interfere with any legal attempt to play the ball on their court.